

alba rosa

THE BRUNCH HOTSPOT

The name 'alba rosa' was inspired by the name of
an Italian flight attendant.

It means 'rose-colored dawn' in Italian.

Speciality Coffees

MACCHIATO / CORTADO 3

FLAT WHITE 3

AMERICANO 4

LATTE / CAPPUCCINO 4

PISTACHIO CAPPUCCINO 4

ESPRESSO 3 / **DOUBLE ESPRESSO** 4

MOCHA / CHAI LATTE 4

PISTACHIO LATTE 4

HOT / WHITE CHOCOLATE 5

ICED LATTE 4

Caramel, vanilla, hazelnut, pistachio

Extras

COLLAGEN

Hair, skin and nails 2

ALTERNATIVE MILKS

Oat, almond, soya, coconut 0.5

SYRUPS

Caramel, vanilla, hazelnut, pistachio 0.5

Raw Juices

PICK ME UP

 6.5

Carrot, apple, cucumber, ginger, lemon

APPLE REFRESH

 6.5

Apple, lemon, ginger

SOUL CLEANSE

 6.5

Spinach, apple, parsley, cucumber, celery, lemon

WINTER WARMER

 6.5

Spinach, apple, pear

GREEN MACHINE

 6.5

Kale, spinach, celery, cucumber, ginger

FRESH ORANGE JUICE

 6.5 / **FRESH APPLE JUICE** 6.5

Matcha Wellness

ICED

ORGANIC MATCHA LATTE 5.5

VANILLA MATCHA LATTE 5.5

BISCOFF MATCHA LATTE 5.5

MANGO MATCHA LATTE 5.5

PINK ROSE MATCHA LATTE 5.5

PISTACHIO MATCHA LATTE 5.5

HOT

PINK ROSE HOT WHITE CHOCOLATE 5.5

PISTACHIO MATCHA LATTE 5.5

Organic Protein Shakes

GOLDEN ELIXIR

 7

Mango, spinach, oat milk, turmeric, vegan vanilla protein powder

MATCHA LUXE FUSION

 7

Premium matcha, almond milk, banana, vegan vanilla protein powder, honey

SUPER BERRY POWER

 7

Acai, raspberries, blackberries, pineapple, vegan vanilla protein powder, coconut milk

GREEN MACHINE

 7

Avocado, spinach, vegan vanilla protein powder, coconut milk

Add-ins

All juices, shakes and boosters

COLLAGEN

Hair, skin and nails 2

MACA ROOT

Energy and mood booster 2

BEE POLLEN

Anti-inflammatory and antioxidants 2

Organic Teas

ENGLISH BREAKFAST TEA 3.5

EARL GREY 3.5

GREEN TEA 3.5

PEPPERMINT 3.5

LEMONGRASS AND GINGER 3.5

CHAMOMILE 3.5

JASMINE PEARLS 3.5

Iced Teas

ICED PEACH TEA 4

JASMINE AND LIME 4

Healthy Boosters

MATCHA POWER

 6.5

Spinach, pineapple, apple, banana, mango, matcha powder

PASSION STORM

 6.5

Mango, pineapple, passion fruit puree, mango juice

PINK TRIBE

 6.5

Strawberries, bananas, apple juice

KALE KICK

 6.5

Mango, spinach leaves, kale, apple juice

BERRY POWER

 6.5

Strawberries, blackberries, banana, apple juice

AMAZONIAN

 6.5

Acai berries, mango, strawberries, blueberries

Brunch Pick Me Ups

BLOODY MARY

 10

Vodka, tomato juice, 21 spice mix

BELLINI

 10

Prosecco with white peach or strawberry purée

MIMOSA

 10

Prosecco and fresh orange juice

PORN STAR MARTINI

 10

A shot of prosecco on the side

ESPRESSO MARTINI

 10

Vodka, kahlua, & double espresso

Soft Drinks

COKE, DIET COKE, FANTA, SPRITE 3.5

HOMEMADE LEMONADE

 4.5

Original, strawberry, peach

SANPELLEGRINO

 4.5

Lemon, blood orange

WATER

Still / Sparkling Small 3.5

All Day Brunch

(from 8am - 4pm)

HOT HONEY AUSSIE AVO SMASH 12 V GFO D

Our own smash recipe from down under, on toasted sourdough, with grilled halloumi, spring onions, two poached eggs & hot 'Swicy' honey

Add **Parma ham, crispy pancetta** or **smoked salmon** 4 each

SCRAMBLED FILLED HALLOUMI CROISSANT 12 V

A buttery croissant filled with free-range scrambled eggs, grilled halloumi, baby watercress

Add **Parma ham, crispy pancetta** or **smoked salmon** 4 each

GOLDEN FOLDED EGGS 13.5 V GFO D

Omelette with feta cheese, baby spinach, roasted red pepper, sun kissed tomatoes, toasted sourdough, wild rocket

SPICY BUTTER EGGS 13.5 V GFO

Smashed avocado, raw baby spinach, two poached eggs, toasted charcoal sourdough, spiced cherry vine tomatoes, harissa hollandaise

HOT HONEY GRILLED PEACHES & MOZZARELLA 14.5 GFO D

Grilled peaches, mozzarella, Parma ham, toasted sourdough, two poached eggs, wild rocket, balsamic reduction, hot 'Swicy' honey

MOZZARELLA & SMOKED SALMON ROYALE 14.5 N GFO D

Asparagus, cherry vine tomatoes, basil, mozzarella, smoked salmon, two poached eggs, pine nut pesto hollandaise, toasted sourdough

'NDUJA SCRAMBLED EGGS 14.5 GFO D

Free-range scrambled eggs, 'nduja crushed spicy pork sausage, crumbled feta, spring onions, parsley, fresh chillies, toasted sourdough

FRENCH TOURIST 14.5 D

Brioche French toast, two poached eggs, crispy pancetta, fresh herbs, maple syrup

PARMA HAM EGGS BENEDICT 14.5 GFO D

Parma ham, baby spinach, two poached eggs, toasted sourdough, hollandaise sauce

HEALTHY BRUNCH ACE 14.5 V GFO D

Sliced avocado, beetroot hummus, shiitake mushrooms, baby spinach, roasted tomato, grilled halloumi, two poached eggs, toasted sourdough

AVO, RED PEPPER & JALEPEÑOS 11.5 PB GFO

Avocado, roasted red pepper and jalapeño salsa, fresh herbs, wild rocket, toasted charcoal sourdough

YOU'RE SO SWEET 12.5 V D

Brioche French toast, bananas, strawberries, caramel sauce, chocolate sauce, clotted cream, pink candy floss, maple syrup

PISTACHIO KUNAFI FRENCH TOAST 12.5 V N D

Brioche, bananas, pistachio cream, strawberries, mascarpone, kunafa, crushed pistachios, maple syrup

MILK CHOCOLATE & PISTACHIO STRAWBERRIES 11 V N D

Creamy Belgian milk chocolate, strawberries, toasted shredded kunafa, pistachio cream sauce, crushed pistachios

PRETTY PANCAKES 12.5 V N D

Three buttermilk protein pancakes, nutella, mixed berries, crushed pistachios, vanilla ice cream with cone, maple syrup

AMAZONION SMOOTHIE BOWL 11.5 PB GF

Coconut yogurt, granola, chai seeds, seasonal berries

Ciabatta or Poppy Seed Bagel

With daily vegan soup or alba rosa healthy salad bowl
(from 10am - 4pm)

ROSE HARISSA CHICKEN & AVOCADO 14 GFO D

British free range chicken breast, avocado, harissa mayonnaise

SALT BEEF 15 GFO D

Marinated slow cooked salt beef brisket, cornichons, sauerkraut, mustard sauce

SMOKED SALMON & CREAM CHEESE 15 GFO D

Smoked salmon, cream cheese, baby watercress, freshly squeezed lime, cracked black pepper

CALIFORNIA CLUB 15 GFO D

British free range chicken breast, crispy pancetta, egg, vine tomato, lettuce, avocado, herb mayonnaise

TRUFFLE PARMA 15 GFO D

Parma ham, stracciatella cheese, truffle cream, wild rocket

TUNA NIÇOISE 14 GFO D

Tuna mayonnaise, Kalamata olive tapenade, sun kissed tomatoes, lettuce, boiled egg

MOZZARELLA & PESTO 14 V N GFO D

Buffalo mozzarella, vine tomato, pecorino cheese, baby spinach, basil nut pesto

Light Lunch (from 10am - 4pm)

ALBA ROSA HEALTHY BOWL 12 PB GF

Mixed organic leaves, roasted sweet potatoes, pomegranate, asparagus, avocado, edamame, green beans, radish, chickpeas, quinoa, cherry vine tomatoes, house vinaigrette
Add **chicken, halloumi** or **smoked salmon** 4 each

CAESAR'S SALAD 12 V GF D

Baby gem lettuce, soft boiled egg, garlic croutons, grated Parmesan, Caesar dressing

Add **chicken, halloumi** or **smoked salmon** 4 each

AVOCADO CAPRESE SALAD 14 V GF D

Sweet heirloom tomatoes, buffalo mozzarella, fresh basil leaves, avocado, balsamic glaze, extra virgin olive oil

Add: **slice of sourdough toast** 1.5

GREEN GODDESS BOWL 14 PB GF

Raw baby spinach, asparagus, cucumber, avocado, edamame, broccoli, quinoa, radish, green hummus, falafel, seeds, tahini herb dressing

ROSE HARISSA GRILLED CHICKEN PAILLARD 15 GF D

Butterflied chicken breast, smashed avocado, rose harissa herb yogurt, pink pickled onions, red pepper salsa, green salad

Bakery

(from 8am - 5pm)

Butter Croissant 3 PB

Pain au Chocolat 4 PB

Almond Croissant 4 PB N

Pistachio Croissant 4 V N D

Cinnamon Bun 4 V D

Matcha Loaf 5 V N GF D

Spiced Carrot Loaf 5 V

Banana Bread Loaf 5 PB

Chocolate Cake 6 V D

Red Velvet Cake 6 V D

Brioche Buns

(from 8am - 4pm)

Folded egg, avocado & Swiss cheese 8.5 V D

Smoked salmon & folded egg 8.5 D

Parma ham, mozzarella & pesto 8.5 N D

Grilled halloumi & folded egg 8.5 V D

Smoked salmon, avocado 8.5 D

Crispy pancetta & folded egg 8.5 D

White Wine

ALBARINO, RAIMAT, COSTERS DEL SEGRE, SPAIN (ORGANIC) 12.5% ABV

A superb organic wine from Galicia, North West of Spain, well balanced with notes of white flowers, tropical fruit and lovely minerality on the finish.

175ml	250ml	Bottle
7	9	24

100% SAUVIGNON BLANC, GEISEN ESTATE, MARLBOROUGH, NEW ZEALAND

Fruit from Marlborough giving classic New Zealand characteristics of citrus, and passion fruit flavours. Dry with a fresh, long lasting finish.

175ml	250ml	Bottle
7	9	24

Red Wine

MERLOT, LA CHARME, LANGUEDOC, FRANCE 14% ABV

Fruit driven deep ruby red Merlot filled with red fruits and cherry vanilla. Soft tannins are noticeable in the background.

175ml	250ml	Bottle
7	9	24

COLD RED NEROPASSO, CORVINA, BISCARDO, ITALY 13.5% ABV

This silky, smooth red wine has a velvet like mouthfeel, accompanied by slightly sweet notes of blackcurrants and raisin wrapped in vanilla. Perfect to be served chilled.

175ml	250ml	Bottle
7	9	24

Orange Wine

WHEN LIFE GIVES YOU ORANGES, LANGUEDOC, FRANCE 12% ABV

A lovely 'food' wine made from white grapes. It gets its colour from the skin of the grapes remaining in contact with the juice for a longer period.

175ml	250ml	Bottle
7	9	24

Rose Wine

ROSAPASSO, BISCARDO, ITALY 12% Alc Vol

Superbly balanced, pale salmon pink in colour, refreshing with light berry fruit and delicate mineral notes.

175ml	250ml	Bottle
7	9	24

Prosecco

PROSECCO PURE BRUT 11% Alc Vol

Deliciously soft, light and creamy with lots of white stone fruit flavours. Great bubbly.

125ml	Bottle
8	28

PROSECCO PURE ROSE 11% Alc Vol

Fun fizz which is Pink. Delicious pale pink bubbly with soft flowing bubbles.

125ml	Bottle
8	28

Your well-being is important to us. So please inform us of any dietary requirements.

V vegetarian **PB** suitable for vegans **N** contains nuts **GF** gluten free **GFO** gluten free option **D** contains dairy