

# alba rosa

THE BRUNCH HOTSPOT

The name 'alba rosa' was inspired by the name of  
an Italian flight attendant.

It means 'rose-colored dawn' in Italian.

## Speciality Coffees

- MACCHIATO / CORTADO** 3
- FLAT WHITE** 3
- AMERICANO** 4.5
- LATTE / CAPPUCCINO** 4.5
- PISTACHIO CAPPUCCINO** 4.5
- ESPRESSO 3 / DOUBLE ESPRESSO** 4
- MOCHA / CHAI LATTE** 4.5
- PISTACHIO LATTE** 4.5
- HOT / WHITE CHOCOLATE** 5.5
- ICED LATTE** 4.5  
Caramel, vanilla, hazelnut, pistachio

## Extras

- COLLAGEN**  
Hair, skin and nails 2
- ALTERNATIVE MILKS**  
Oat, almond, soya, coconut 0.5
- SYRUPS**  
Caramel, vanilla, hazelnut, pistachio 0.5  
Sugar free vanilla syrup - no charge

## Raw Juices

- PICK ME UP** 6.5  
Carrot, apple, cucumber, ginger, lemon
- APPLE REFRESH** 6.5  
Apple, lemon, ginger
- SOUL CLEANSE** 6.5  
Spinach, apple, parsley, cucumber, celery, lemon
- GREEN MACHINE** 6.5  
Kale, spinach, celery, cucumber, ginger
- FRESH ORANGE JUICE** 6.5
- FRESH APPLE JUICE** 6.5

## Iced Matcha Wellness

- STRAWBERRY MATCHA LATTE** 5.5
- ORGANIC MATCHA LATTE** 5.5
- VANILLA MATCHA LATTE** 5.5
- BISCOFF MATCHA LATTE** 5.5
- MANGO MATCHA LATTE** 5.5
- PINK ROSE MATCHA LATTE** 5.5
- PISTACHIO MATCHA LATTE** 5.5
- DIRTY MATCHA LATTE** 5.5
- PINK ROSE HOT WHITE CHOCOLATE** 5.5
- PISTACHIO HOT MATCHA LATTE** 5.5

## Organic Protein Shakes

- GOLDEN ELIXIR** 7.5  
Mango, spinach, oat milk, turmeric, vegan vanilla protein powder
- MATCHA LUXE FUSION** 7.5  
Premium matcha, almond milk, banana, vegan vanilla protein powder, honey
- SUPER BERRY POWER** 7.5  
Acai, raspberries, blackberries, pineapple, vegan vanilla protein powder, coconut milk
- GREEN MACHINE** 7.5  
Avocado, spinach, vegan vanilla protein powder, coconut milk

## Add-ins

- All juices, shakes and boosters
- COLLAGEN**  
Hair, skin and nails 2
- MACA ROOT**  
Energy and mood booster 2
- BEE POLLEN**  
Anti-inflammatory and antioxidants 2

## Organic Teas

- ENGLISH BREAKFAST TEA** 3.8
- EARL GREY** 3.8
- GREEN TEA** 3.8
- PEPPERMINT** 3.8
- LEMONGRASS AND GINGER** 3.8
- CHAMOMILE** 3.8
- JASMINE PEARLS** 3.8

## Iced Teas

- ICED PEACH TEA** 5
- JASMINE AND LIME** 5

## Healthy Boosters

- MATCHA POWER** 6.95  
Spinach, pineapple, apple, banana, mango, matcha powder
- PASSION STORM** 6.95  
Mango, pineapple, passion fruit puree, mango juice
- PINK TRIBE** 6.95  
Strawberries, bananas, apple juice
- KALE KICK** 6.95  
Mango, spinach leaves, kale, apple juice
- BERRY POWER** 6.95  
Strawberries, blackberries, banana, apple juice
- AMAZONIAN** 6.95  
Acai berries, mango, strawberries, blueberries

## Cocktails & Spritzers

- BLOODY MARY** 11  
Vodka, tomato juice, 21 spice mix
- BELLINI** 11  
Prosecco with white peach or strawberry purée
- PORN STAR MARTINI** 11  
A shot of prosecco on the side
- APEROL SPRITZ** 11  
Aperol, soda water, prosecco
- PIMM'S SPRITZ** 11  
Pimm's, lemonade, mint, cucumber slices, prosecco

## Soft Drinks

- COKE, DIET COKE, FANTA, SPRITE** 4
- HOMEMADE LEMONADE** 5  
Original, strawberry, peach
- SANPELLEGRINO** 5  
Lemon, blood orange
- WATER**  
Still / Sparkling Small 4

## All Day Brunch

### HOT HONEY AUSSIE AVO SMASH 13.95 V GFO D

Our own smash recipe from down under, on toasted sourdough, with grilled halloumi, spring onions, two poached eggs & hot 'Swicy' honey  
Add **Parma ham**, **crispy pancetta** or **smoked salmon** 4 each

### SCRAMBLED FILLED HALLOUMI CROISSANT 13.95 V D

A buttery croissant filled with free-range scrambled eggs, grilled halloumi, baby watercress  
Add **Parma ham**, **crispy pancetta** or **smoked salmon** 4 each

### GOLDEN FOLDED EGGS 13.95 V GFO D

Omelette with feta cheese, baby spinach, roasted red pepper, sun kissed tomatoes, toasted sourdough, wild rocket

### ALBA FULL BRUNCH 14.95

Two eggs your way, crispy pancetta, Cumberland sausage, shitake mushrooms, cherry vine tomatoes, beans, toasted sourdough

### SWEET POTATO BENEDICT 14.95 V GF D

House-made sweet potato hash, roasted red peppers, grilled halloumi, asparagus, two poached eggs, sriracha hollandaise

### HOT HONEY GRILLED PEACHES & MOZZARELLA 14.95 GFO D

Grilled peaches, mozzarella, Parma ham, toasted sourdough, two poached eggs, wild rocket, balsamic reduction, hot 'Swicy' honey

### MOZZARELLA & SMOKED SALMON ROYALE 14.95 N GFO D

Asparagus, cherry vine tomatoes, basil, mozzarella, smoked salmon, two poached eggs, pine nut pesto hollandaise, toasted sourdough

### 'NDUJA SCRAMBLED EGGS 14.95 GFO D

Free-range scrambled eggs, 'nduja crushed spicy pork sausage, crumbled feta, spring onions, parsley, fresh chillies, toasted sourdough

### PROTEIN POWER SIRLOIN STEAK & EGGS 21.95 GFO

Sirloin steak sliced, guacamole, two poached eggs, hot 'Swicy' honey, toasted sourdough

### PARMA HAM EGGS BENEDICT 14.95 GFO D

Parma ham, baby spinach, two poached eggs, toasted sourdough, hollandaise sauce

### HEALTHY BRUNCH ACE 14.95 V GFO D

Sliced avocado, beetroot hummus, shiitake mushrooms, baby spinach, roasted tomato, grilled halloumi, two poached eggs, toasted sourdough

### O.M.G BRUNCH 13.95 D

Three buttermilk protein pancakes, crispy pancetta, scrambled eggs, maple syrup

### YOU'RE SO SWEET 12.95 V D

Brioche French toast, bananas, strawberries, caramel sauce, chocolate sauce, clotted cream, pink candy floss, maple syrup

### PISTACHIO KUNAFI FRENCH TOAST 12.95 V N D

Brioche, bananas, pistachio cream, strawberries, mascarpone, kunafa, crushed pistachios, maple syrup

### PRETTY PANCAKES 12.95 V N D

Three buttermilk protein pancakes, nutella, mixed berries, crushed pistachios, vanilla ice cream with cone, maple syrup

### AMAZONIAN SMOOTHIE BOWL 11.95 PB GF

Coconut yogurt, granola, chai seeds, seasonal berries

## Light Lunch

### SALMON & DILL FISHCAKE 17

Poached egg, asparagus, pea & fresh herb sauce

### GRILLED CHICKEN BURGER 15 D

Marinated chicken steak, lettuce, tomato, spicy mayo, salted crisps, Alba Rosa salad

### JACKET CON CARNE 15 GF

Potato, beef ragu, chilli pepper, tomato, red beans, cheddar cheese, butter, Alba Rosa salad

### ALBA ROSA HEALTHY BOWL 13 PB GF

Mixed organic leaves, roasted sweet potatoes, pomegranate, asparagus, avocado, edamame, green beans, radish, chickpeas, quinoa, cherry vine tomatoes, house vinaigrette  
Add **chicken**, **halloumi** or **smoked salmon** 4 each

### CAESAR'S SALAD 13 V GF D

Baby gem lettuce, soft boiled egg, garlic croutons, grated Parmesan, Caesar dressing  
Add **chicken**, **halloumi** or **smoked salmon** 4 each

### ROSE HARISSA GRILLED CHICKEN PAILLARD 17 GF D

Butterflied chicken breast, smashed avocado, rose harissa herb yogurt, pink pickled onions, red pepper salsa, green salad

## Ciabatta or Poppy Seed Bagel

With daily vegan soup or alba rosa healthy salad bowl

### ROSE HARISSA CHICKEN & AVOCADO 15 GFO D

British free range chicken breast, avocado, harissa mayonnaise

### WARM SALT BEEF 15 GFO D

Marinated slow cooked salt beef brisket, cornichons, sauerkraut, mustard sauce

### SMOKED SALMON & CREAM CHEESE 15 GFO D

Smoked salmon, cream cheese, baby watercress, freshly squeezed lime, cracked black pepper

### CALIFORNIA CLUB 15 GFO D

British free range chicken breast, crispy pancetta, egg, vine tomato, lettuce, avocado, herb mayonnaise

### MOZZARELLA & PESTO 15 V N GFO D

Buffalo mozzarella, vine tomato, pecorino cheese, baby spinach, basil nut pesto

### CHICKEN, HALLOUMI & AVOCADO 15 GFO D

British free range chicken breast, smashed avocado, grilled halloumi, tomato, lettuce, mayonnaise

## Bakery

### Butter Croissant 3 PB

### Pain au Chocolat 4 PB

### Almond Croissant 4 PB N

### Pistachio Croissant 4 V N D

### Cinnamon Bun 4 V D

### Matcha Loaf 5 V N GF D

### Spiced Carrot Loaf 5 V

### Banana Bread Loaf 5 PB

### Chocolate Cake 6 V D

### Red Velvet Cake 6 V D

## Brioche Buns

### Folded egg, avocado & Swiss cheese 8.5 V D

### Smoked salmon & folded egg 8.5 D

### Parma ham, mozzarella & pesto 8.5 N D

### Grilled halloumi & folded egg 8.5 V D

### Smoked salmon, avocado 8.5 D

### Crispy pancetta & folded egg 8.5 D

## White Wine

### **ALBARINO, RAIMAT, COSTERS DEL SEGRE, SPAIN (ORGANIC)** 12.5% ABV

A superb organic wine from Galicia, North West of Spain, well balanced with notes of white flowers, tropical fruit and lovely minerality on the finish.

Bottle  
24

### **100% SAUVIGNON BLANC, GEISEN ESTATE, MARLBOROUGH, NEW ZEALAND**

Fruit from Marlborough giving classic New Zealand characteristics of citrus, and passion fruit flavours. Dry with a fresh, long lasting finish.

Bottle  
24

## Red Wine

### **MERLOT, LA CHARME, LANGUEDOC, FRANCE** 14% ABV

Fruit driven deep ruby red Merlot filled with red fruits and cherry vanilla. Soft tannins are noticeable in the background.

Bottle  
24

### **COLD RED NEROPASSO, CORVINA, BISCARDO, ITALY** 13.5% ABV

This silky, smooth red wine has a velvet like mouthfeel, accompanied by slightly sweet notes of blackcurrants and raisin wrapped in vanilla. Perfect to be served chilled.

Bottle  
24

## Orange Wine

### **WHEN LIFE GIVES YOU ORANGES, LANGUEDOC, FRANCE** 12% ABV

A lovely 'food' wine made from white grapes. It gets its colour from the skin of the grapes remaining in contact with the juice for a longer period.

Bottle  
24

## Rose Wine

### **ROSAPASSO, BISCARDO, ITALY** 12% Alc Vol

Superbly balanced, pale salmon pink in colour, refreshing with light berry fruit and delicate mineral notes.

Bottle  
24

## Prosecco

### **PROSECCO PURE ROSE** 11% Alc Vol

Fun fizz which is Pink. Delicious pale pink bubbly with soft flowing bubbles.

Bottle  
28

### **PROSECCO PURE BRUT** 11% Alc Vol

Deliciously soft, light and creamy with lots of white stone fruit flavours. Great bubbly.

175ml  
8

Bottle  
28

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**Your well-being is important to us. So please inform us of any dietary requirements.**

**V** vegetarian **PB** suitable for vegans **N** contains nuts **GF** gluten free **GFO** gluten free option **D** contains dairy